ROOTED

week 1

# POCKET GUIDE

## HOW TO USE THIS GUIDE:

Designed to help us grow DOWN, UP and OUT - use this guide to stay ***Rooted*** *in God's presence, and present with one another.* Watch or listen to the *Rooted* series message, then participate with a friend or two, your family or your small group... or take Jim out for a coffee and chat!

### JEREMIAH 29: 7

7 But seek the welfare of the city where I have sent you into exile, and pray to the Lord on its behalf, for in its welfare you will find your welfare.

### THE MESSAGE

Content based on Jim Chen's message from Sunday Oct. 25 at FBCC

YouTube Watch or listen here

@forestbrookcc

### DOWN | ROOTED IN GOD'S PRESENCE

Jeremiah gives two interconnected instructions; *seek the good of the place you're in*, and *pray to the Lord for it*. The mission is clear - to be a blessing where you are, even if it's not where you chose, or expected, to be.

Reflect on the place you're in, and **pray for it by name**. Be specific - use the name of your street, school or workplace, or the name of the person at the desk next to yours, or the apartment above. Pray for your elected officials, whether you voted for them or not.

*Remember, roots don't grow overnight! Repeat this practice again and again. Try it out 'on the go' and see how location impacts your experience.*

### UP | PRESENT WITH ONE ANOTHER

*Share your responses, wonderings and learnings in community:*

- Where does your faith *live* most comfortably? Where does it feel less comfortable to follow Jesus?
- Is there a situation in your life that feels a little like exile? Like a place you didn't choose or expect to be?
- When have you been 'fed' by something you didn't plant yourself? How did that impact you?
- Where might you be *unplanted* right now - hesitating to be fully present? How might you change that?
- What has God been *tilling* in you lately - what's growing underneath the surface?

### OUT | WHERE YOU LIVE, WORK, GO TO SCHOOL AND PLAY

Look for one small, ordinary way to bring the **goodness** of Jesus to the place you're in. It might be a kind word, a little extra patience, or making yourself more available for a conversation.

***Carry this big question with you...***
*How is God using the place I'm in to form me?*